

TRIBE Relays Schedule: March 24, 2016

2:00 – Scratch Meeting in Turf Room:

3:00 - Field Events Begin:

Boy's Field Events- At Wigwam Stadium see attached map for locations

Long Jump – North Pit – JVB, VB (Varsity 4 attempts, JV 3 attempts)

Triple Jump – South Pit – VB, JVB (Varsity 4 attempts, JV 3 attempts)

High Jump– JVB, VB

Pole Vault– JVB, VB, JVG, VG

Shot Put – JVB, VB (Varsity 4 attempts, JV 3 attempts)

Discus– VB, JVB (Varsity 4 attempts, JV 3 attempts)

Girl's Field Events- At Seminole Junior High see attached map for locations

Long Jump – West Pit – JVG, VG (Varsity 4 attempts, JV 3 attempts)

Triple Jump – East Pit – VG, JVG (Varsity 4 attempts, JV 3 attempts)

High Jump– JVG, VG

Pole Vault (**WILL BE AT WIGWAM STADIUM**)– JVB, VB, JVG, VG

Shot Put – JVG, VG (Varsity 4 attempts, JV 3 attempts)

Discus– VG, JVG (Varsity 4 attempts, JV 3 attempts)

3:30 - 3200m Run: JVG, VG, JVB, VB

5:00 - Running Finals Begin:

ROLLING TIME SCHEDULE

4 X 100 Throwers Relay (Must have 2 female throwers)

400m Relay: JVG, VG, JVB, VB

800m Run: JVG, VG, JVB, VB

100m Hurdles: JVG, VG

110m Hurdles: JVB, VB

100m Dash: JVG, VG, JVB, VB

800m Relay: JVG, VG, JVB, VB

400m Dash: JVG, VG, JVB, VB

300m Hurdles: JVG, VG, JVB, VB

200m Dash: JVG, VG, JVB, VB

1600m Run: JVG, VG, JVB, VB

1600m Relay: JVG, VG, JVB, VB